

Heartland Community Schools December Menu 2016

SUNDAY

MONDAY

TUESDAY


WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

All Grains are Whole Grain Rich.
Fresh Fruit and Vegetable Bar
Offered Daily with Lunch.
A Variety of Fruit and Juice are
offered Daily with Breakfast.
A Variety of Low Fat and Fat
Free Milk is Offered Daily with
Breakfast and Lunch.

				1 BREAKFAST PIZZA	2 FRENCH TOAST	3
				STEAK FINGERS MASHED POTATOES/GRAVY FRESH BAKED ROLL	HEARTLAND BEEF BOOSTERS HAMBURGERS FRENCH FRIES SLUSHIES	
	5 EGG TACO	6 MINI PANCAKES	7 BREAKFAST BURRITO	8 WAFFLES	9 BREAKFAST PIZZA	10
	MAX CHEESE STICKS MARINARA DIP STEAMED PEAS	TACO SALAD STEAMED CORN MINI CINI DONUTS	CHICKEN NUGGETS MASHED POTATOES/GRAVY FRESH BAKED ROLL	HOMEMADE CHILI FRESH BAKED CINNAMON ROLLS	CHICKEN PATTY ON BUN FRENCH FRIES STEAMED PEAS	
11	12 CINNAMON ROLLS	13 EGG TACO	14 FRENCH TOAST	15 WAFFLES	16 PANCAKE WRAP	17
	PORK TENDERLOIN MASHED POTATOES/GRAVY FRESH BAKED ROLL	SLOPPY JOES FRENCH FRIES PUDDING CUP	TERIYAKI CHICKEN STEAMED BROCCOLI BROWN RICE	HEARTLAND BEEF BOOSTERS ROAST BEEF DINNER MASHED POTATOES/GRAVY CORN FRESH BAKED ROLL	PIZZA CORN SLUSHIES	
18	19 CHICKEN BISCUIT	20 BREAKFAST BURRITO	21 FRENCH TOAST	22 WAFFLES	23	24
	SPAGHETTI GREEN BEANS BREADSTICK	PANCAKES SAUSAGE LINKS JUICE TRI TATERS	MINI CORN DOGS BAKED BEANS BROCCOLI	BBQ MEATBALLS STEAMED PEAS CHOCOLATE CHIP MUFFIN		
25 	26	27	28	29	30	31 